

# FDA finds Zicam medications harmful

## FDA Advises Consumers Not To Use Certain Zicam Cold Remedies –linked to loss of sense of smell

June 17, 2009: The U.S. Food and Drug Administration today advised consumers to **stop using products** sold over-the-counter as cold remedies because they are associated with the loss of sense of smell (anosmia). Anosmia may be long-lasting or permanent and may occur after only one application.

The agency has received more than 130 reports of loss of smell associated with the use of several Zicam products. The FDA reported in some cases, the loss of smell occurred after the first dose. This loss of sense of smell can limit a person's ability to detect the smell of smoke, gas or other signs of danger. This loss of sense of smell can adversely affect a person's quality of life.

Zicam lawyers at Eichen Levinson & Crutchlow are currently reviewing potential claims for individuals who may have suffered a permanent injury.



The Zicam products include:

- Zicam Cold Remedy Nasal Gel
- Zicam Cold Remedy Nasal Swabs
- Zicam Cold Remedy Swabs, Kids Size (a discontinued product).

These popular over the counter medications are aimed at reducing the severity and duration of the common cold. Scientists believe the nasal cold remedy contains zinc that could harm nasal nerves.

To view the warning letter click here.

<http://www.fda.gov/ICECI/EnforcementActions/WarningLetters/ucm166909.htm>

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FDA Drug Safety Information: **Information on Zicam Cold Remedy Nasal Gel, Zicam Cold Remedy Nasal Swabs, and Zicam Cold Remedy Swabs, Kids Size**

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